

What to Expect From Your Functional Capacity Assessment

1. Before

We gather relevant information and explain what will happen.

2. Assessment

We talk about how you manage everyday life. If we have not met you before, the initial appointment is usually around 60 to 90 minutes.

3. Everyday function

We look at what you can do independently, what support you need and what happens when that support is not available.

4. Additional information

Where useful, we may use standardised assessments, observations, questionnaires, existing reports or information from people who know you well.

5. Analysis

Your OT brings the information together to understand your functional strengths, difficulties and support needs.

6. Report

The report explains how disability affects everyday function and includes relevant clinical recommendations.

7. Feedback

Where appropriate, we provide an opportunity to discuss the findings and recommendations.

The NDIA makes NDIS funding decisions. An FCA cannot guarantee a particular funding outcome.